

The Picnic Polka

Choreographer: David Paden

Description: Intermediate, 4-wall 48-count line dance

Suggested Music: "Cowboy Sweetheart" by (?) or LeAnn Rimes

Note: *This line dance can also be done as a couple.*

TOUCH TOE, TOUCH HEEL, TRIPLE-STEP IN PLACE

- 1,2 Touch right toe next to left foot, touch right heel next to left foot.
3 & 4 Step right foot next to left, step left foot in place, step right foot in place.

FOR COUNTS 5-8, REPEAT THE ABOVE (1-4).

SHUFFLE-STEP, SHUFFLE-STEP

- 1 & 2 Step forward on right foot, step left foot next to right on & , step forward on right foot.
3 & 4 Step forward on left foot, step right foot next to left on & , step forward on left foot.

SHUFFLE BACK, SHUFFLE BACK

- 5 & 6 Step back on right foot, step left foot next to right on & , step back on right foot.
7 & 8 Step back on left foot, step right foot next to left on & , step back on left foot.

VINE RIGHT, STOMP W/CLAP

(Couples: lady rolls, man vines, no claps)

- 1,2 Step right foot out to right side, cross left foot behind right.
3,4 Step right foot out to right side, stomp left foot beside right (but don't put your weight on it) and clap once.

FOR COUNTS 5-8, REPEAT THE ABOVE (1-4).

KICK-BALL CHANGES

- 1 & 2 Kick right foot slightly forward, lift left heel and step on ball of right foot and immediately lower right heel to floor on & , lower left heel shifting weight onto left foot.
3 & 4 Kick right foot slightly forward, lift left heel and step on ball of right foot and immediately lower right heel to floor on & , lower left heel shifting weight onto left foot.

STEP, PIVOT 1/2 TURN LEFT, REPEAT

- 5,6 Step forward on right foot, pivot body 1/2 turn to left shifting weight onto left foot.
7,8 Step forward on right foot, pivot body 1/2 turn to left shifting weight onto left foot.

STOMP, CLAP, CLAP, CLAP

(Couples: face each other as you stomp, clap lady's right hand to man's left, switch, join lady's right hand to man's right)

- 1,2 Stomp right foot diagonally to right, clap hands down low to right side.
3,4 Clap hands a little higher, clap hands still higher.

CROSSING SHUFFLE-STEP, 1/4 TURN RIGHT SHUFFLE-STEP

(Couples: man will make VERY SMALL shuffles while the lady shuffles in a complete clockwise circle around the man for the entire 8 counts.)

5 & 6 Cross left foot over right, step right foot out to left side on & , cross left foot over right.

7 & 8 Turn body 1/4 turn right and step forward (NEW wall) on right foot, step left foot next to right on & , step forward on right foot.

**1/4 TURN RIGHT SHUFFLE-STEP LEFT SIDE, 1/4 TURN RIGHT
SHUFFLE-STEP BACK**

1 & 2 Turning body 1/4 turn to right step left foot out to new left side, step right foot next to left on & , step left foot out to left side.

3 & 4 Turning body 1/4 turn to right step back on right foot, step left foot beside right on & , step back on right foot.

STEP, STEP, STEP, STOMP

5,6 Step forward on left foot, step forward on right foot.

7,8 Step forward on left foot, stomp right foot next to left (but don't put weight on it).