

Diamond Rega

1. Vine right
2. Left turn 2-3-4
3. Vine right
4. Turn 2-3-4 to left
5. Poka - forward (right foot) at angle - (1st base)
6. Left backwards poka - (2nd base)
7. Right forward poka - (3rd base)
8. Left backward poka - (home plate)
9. Right foot - step(forward) clap 2 times
10. Left foot step forward clap 2 times
11. Right foot step forward clap 2 times
12. Left foot step forward clap 2 times
13. Right left right backwards - left knee up and pull arms down
14. Right left right backwards - left knee up and pull arms down
15. End of dance - vine right and begin again

DOIN IT

52 steps

4 wall line dance

level: intermediate

Suggested Music:

LET ME INTO YOUR HEART Mary Chapin Carpenter-slow

ONE WAY TICKET Leanne Rimes-slow

MAMMA DON'T GET DRESSED UP FOR NOTHING Brooks and Dunn-Med.

DOING IT PERFECT Wade Richardson-Fast

Choreographers: K. Hedges and M.J. George

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Dance Description:

MOVING HEEL TOE SWIVELS

1-4 Heels left, toes left, heels left and toes left

5-8 Toes right, heels right, toes right and heels center

9-10 Heels right and hold one count

11-12 Heels left and hold one count

TWIST

13-16 Twist heels right, left, right, left (down 2 and up 2)

SIDE SHUFFLES WITH ROCK STEPS

17-20 Step to right with right foot, bring left beside right
step to right with right foot, rock back on left foot
and step in place on right.

Step to left with left foot, bring right beside left

Step to left with left foot, rock back on right foot
and step in place on left.

STOMPS

25-26 Stomp right foot twice beside left foot.

DOIN IT

HIP BUMPS

27-32 Bump hips to right twice
Bump hips to left twice
Bump hips to right twice

SIDE STEPS WITH PELVIS THRUSTS

33-40 Long step to left with left foot thrust pelvis forward twice,
bring right foot beside left, and thrust pelvis forward twice.
Repeat to left again.

KICKBALL CHANGE

41-48 Right kickball change, repeat right kickball change

CROSS OVER AND BACK STEPS

49-52 Cross right foot over left, unwind 3/4 turn to left
Step back on left foot
Step back on right foot

Weight ends up on right foot.

End of Dance--begin again.

“Dancin Up A Storm”

Double Eagle

1. Vine right
2. Vine left - On 4th step kick right foot forward
3. Kick left forward
4. Kick right forward
5. Back on right
6. Left touch
7. Back on right
8. Left touch
9. Rock on right, hitch left knee 2 times
10. Turn $\frac{1}{4}$ to left



Drifter, The

Beats	Step Description
1	right heel forward
2	touch right toe next to left foot
3	right heel forward
4	touch right toe next to left foot
5	right foot step forward as you turn 1/4 to right (pivot lady to be in front)
6	touch left to out to left side
7	cross left foot over right foot
8	touch right toe out to right side

(steps 9-12: jazz square)

9	cross right foot over left foot
10	left step back
11	right step next to left foot
12	touch left toe next to right foot

(steps 13-16: guy -- grapevine left; ladies -- full turn left end with touch right)

13	left step to left side (cue lady to a full turn left)
14	right step behind left foot
15	left step to left side
16	touch right toe next to left foot
17	swivel heels right
18	swivel back to center
19	swivel heels left
20	swivel back to center
21	turn 1/4 to left, back to line of dance, right step back
22	left step back
23	right step back
24	left knee up and turn to face away from inner circle

25-26	left step down as you hip bump left twice
27-28	feet in place hip bump right twice
29-32	feet in place single hip bumps -- left, right, left, right

Drifter, The

33 left step forward with 1/4 pivot left (back to line of dance) step
34 brush right

35-36 right shuffle forward
37-38 left shuffle forward
39-40 right shuffle forward
41-42 left shuffle forward

***** **Begin again*******

Electric Slide

*Song/Artist: "Electric Boogie", by Marcia Griffiths
"That Kind of Girl", by Forrester Sisters*

1. Right foot step to side, left foot slide to right
2. Right foot step to side, left foot slide to right
3. Right foot step to side
4. Left foot step to side, right foot slide to left
5. Left foot step to side, right foot slide to left
6. Left foot step to side
7. Right foot touch beside left and clap hands
8. Step back on right, left, right
9. Left foot touch beside right and clap hands
10. Step up on left foot and touch right toe next to left
11. Step back on right foot touch left toe next to right
12. Step up on left
13. Make $\frac{1}{4}$ pivot turn to left on left foot – at same time, brush right foot as turn is made

******* Begin Again *******

Four Corners

Songs - Fishin in the Dark - Nitty Gritty Dirt Band
Be Bop - Dan Seals

1. Pigeon toes twice or heels right, center, left Center
2. Touch right heel forward, cross right over left, touch right heel forward, right together
3. Touch left heel forward, cross left over right, touch left heel forward, left together
4. Step left, hitch right, right down, left together
5. Step left, hitch right, right down, left tap toe
6. Step and turn left foot $\frac{1}{4}$ (Count 1)
7. Point right toe to the side (Count 2)
8. Cross right toe over left (Count 3)
9. Step left to the side (Count 4)
10. Cross right behind left (Count 5)
11. Touch left toe to the side, left together (Count 6,7)
12. Touch right toe to the side, right together (Count 8,9)

For Play

- 1 - 4. Forward Jumps 45% Angle
Hop R - L to place beside R.
Hop L - R to place beside L.
Hop R - L to place beside R.
Hop L - R to place beside L.
- 5 - 8. Hip Bumps
Hips to R - twice.
Hips to L - twice.
- 9 & 10. Kick Ball Change and Cross over.
R - kick ball change
- 11 - 12. Cross R over Left
Unwind $\frac{3}{4}$ turn to left
- 13 - 16. Back Steps
Step back left
Step back right
Step back left
Touch R beside L
- 17 -20. Toe Touches and Steps
Touch R toe to Right Side
Touch R toe beside Left.
Step R foot to R side.
Touch L beside R.
- 21 - 24. Forward Walk and Stomp
Walk forward L.
Walk forward R.
Walk forward L.
Walk forward stomp R beside Left foot.
- 25 - 32. Heel Twists and Stomps
Twist heels to R twice
Stomp R foot twice.
Twist heels to R twice.
Stomp R foot twice.

**** End of dance begin again ****

Four Star Boggie

Note: This dance you will face different directions after each set of dance steps.

1. Step forward with right foot (almost a small jump forward) and quickly slide left foot next to right foot. Clap hands.
2. Step backward with right foot (again almost a small jump backward) and quickly slide left foot next to right foot. Clap hands.
3. Step about 45 degrees forward to right side with right foot and slide left foot next to right foot. Step to right side with right foot and pivot $\frac{1}{2}$ turn on right foot (must be turning to left) then step to left with left foot.
4. Quickly slide right foot next to left foot and step to left once again.
5. Step to right side with right foot and slide left foot quickly next to right foot.
6. Step to right side with right foot and pivot $\frac{1}{2}$ turn on right foot (must be turning to right) then step to left with left foot.
7. Quickly slide right foot next to left foot and step to left once again.
8. Step to right side with right foot and slide left foot behind right, then step to right side with right foot and pivot $\frac{1}{2}$ turn on right foot (must be turning right) then step left foot next to right foot.
9. Right foot kick-ball-change (Kick right foot out front, bring back and place next to left foot, rock up on left foot).
10. Do right foot kick-ball-change once more (Kick right foot out front, bring back and place next to left foot, rock up on left foot).
11. Step forward on right foot and pivot on right foot (must be turning left), kick left foot out in front at same time that you pivot and bring left foot back next to right foot and step on right foot (kick-ball-change effect). Clap hands.
12. Step forward on right foot and slide left foot next to right foot. Step forward again on right foot and step forward on left foot pivoting to right (must be turning to right).
13. Hop to left side extending left foot out and then hop to right side extending right foot out.
14. Step forward on right foot and pivot $\frac{1}{2}$ turn on right foot to left (must be turning left) and quickly touch left heel out front (hopping motion).
15. In a hopping motion touch right toe to back and bring right foot forward quickly to start dance over again.

Repeat - Dance starts over

Honky Tonky Stomp

1. Pigeon (heels apart & together) twice
2. Touch right heel forward twice
3. Touch right toe back twice
4. Touch right heel forward once
5. Touch right toe back once
6. Stomp together with right twice.
7. Vine right, vine left with $\frac{1}{2}$ turn, vine right, vine left



Hooked on Country

Music/Artist: Ain't No Maney by Rosanne Cash
Rocky Top by Cowboy Band

1. Brush right foot forward
2. Step back with six quick steps
3. Right, left, right
4. Left, right left
5. Step forward on right foot
6. Step forward on left foot
7. Step forward on right foot
8. Kick left knee up
9. Step back on left foot
10. Step back on right foot
11. Step back on left foot
12. Hop back on right foot with entire weight
13. Cross left foot in front
14. Step to side with right foot
15. Step left foot behind right foot
16. \Step to side with right foot - kick left knee in air
17. Step to side with left foot
18. Step right foot behind left foot
19. Step side with left foot
20. Kick right knee up and skip forward on left foot
21. Kick left knee up and skip forward on right foot
22. Kick right knne up and skip forward on left foot
23. Tap right heel forward twice
24. Tap right toe back twice
25. Step up on right foot
26. Make ¼ pivot turn to left
27. Stomp right foot next to left

***** **Begin again** *****

K. C. Shuffle

1. Step back on the right
2. Step back on the right
3. Left toe to the side - back to center
4. Left heel to the front - back to center
5. Up on the left
6. Up on the left
7. Right vine
8. Left vine
9. Kick ball chain - quarter turn to the left
10. Kick ball chain in place



Kokomo

Version:..1.00

Type: Single Line Dance

Difficulty: Beginners

Direction: 2 - Wall

Beats: 32

Song/Artist: "Kokomo", by The Beach Boys

Start Notes: Normal Line Dance Rows

Beats	Dance Steps
1	Step forward onto the left foot.
2	Rock back onto the right foot.
3 & 4	Cha-cha in place (left; right - left)
5	Step back onto the right foot
6	Rock forward onto the left foot
7 & 8	Cha cha in place (right; left - right)
9	Sway to the left, stepping left with the left foot
10	Step onto the right foot
11&12	Cha cha in place (left: right - left)
13	Sway to the right stepping right with the right foot
14	Step onto the left foot
15&16	Cha cha in place (right:left - right)
17	Step forward with the left foot
18	Pivot ¼-turn to the right.(weight on the right foot)
19	Step forward with the left foot
20	Pivot ¼-turn to the right. (weight on the right foot)
21	Step forward with the left foot
22	Pivot ¼ turn to the right. (weight on the right foot)
23	Cross the left foot in front of the right foot
24	Step back on the right foot
25&26	Bring the left foot next to the right, Cha cha in place (left; right - left)
27	Cross the right foot in front of the left foot
28	Step back on the left foot
29&30	Bring the right foot next to the left, Cha cha in place (right; left - right)
31	Step forward with the left foot
32	Pivot ¾ -turn to the right (on you right foot)

******* Continue from the beginning *******

Comments: The pivot turn as indicated in step 32 is like an extended military turn(3/4 - turn) to the opposite wall from where you started in step 1. Go right into the first step as you bring your left forward.

Lariat

Type: *A four wall line dance facing a new wall clockwise each time you repeat the sequence*

Music: *LonGone by Confederate Railroad*
Country Club by Travis Tritt

Beats	Dance Steps
1 - 2	Tap right heel forward twice
3 & 4	Right cha-cha in place (R,L,R)
5 - 6	Tap left heel forward twice
7 & 8	Left cha-cha in place (L,R,L)
9 - 12	Repeat 1-4
13 - 16	Repeat count 5-8
17 - 20	Vine right
21 - 24	Vine left
25 & 26	Turn $\frac{1}{4}$ right and right cha-cha in place (R,L,R)
27 - 28	Step left and pivot $\frac{1}{2}$ right
29 & 30	Step left and pivot $\frac{1}{2}$ right
31 - 34	Step forward on right and vine right
35 - 38	Vine left

Repeat sequence for duration of music

Line Dancin

Type: A two wall line dance

Counts/Steps: 32 counts, 36 movements

Music: Line Dancin by Layla Janes and Del Clark

Rock My World by Brooks & Dunn

Pecos Promenade by Tanya Tucker

Baby I'm Burning by Dolly Parton

Dance Steps

I. HIP BUMPS, SIDE SHUFFLE ROCK STEP, SIDE SHUFFLE, ROCK STEP

- 1,2 Two right side hip bumps
- 3,4 Two left side hip bumps
- 5&6 Side shuffle to the right, R,L,R.
- 7 Step back on left foot directly behind right.
- 8 Rock forward onto right foot placing weight on right
- 9&10 Side shuffle to the left, L, R, L
- 11 Step back on right directly behind left
- 12 Rock forward onto left foot placing weight on left.

II. STOMPS AND HOPS

- 13,14 Stomp right foot next to left twice
- 15,16 Hop forward 2-4" (Approx. 1-3" high) on both feet twice.

III. ¼ TURN SCUFF AND VINE

- 17 Step forward with right into ¼ turn with right foot toe pointing to 3 o'clock position
- 18 Scuff left foot forward next to right with weight remaining on right and left approx. 4-6" off floor
- 19 Step left foot to left side placing weight on left
- 20 Cross right behind left placing weight on right
- 21 Step left foot to left side placing weight on left
- 22 Touch right ball of foot next to left foot instep

IV. TWO ZIG ZAGS BACK

- 23 Step back on right foot toes facing 3 o'clock with body facing approx. 4 o'clock
- 24 Touch left ball of foot next to right instep clapping hands in front of body at same time
- 25 Step back on left foot toes facing 3 o'clock with body facing approx. 10 o'clock
- 26 Touch right ball of foot next to left instep clapping hands in front of body at same time

V. ¼ TURN RIGHT AND SHUFFLES WITH STOMP AND CLAPP

- 27&28 Pivot on left ball of foot ¼ turn right into right foot shuffle, R,L,R (now facing 6 o'clock)
- 29&30 Shuffle forward starting on left foot, L,R,L

31. Stomp right foot next to left
- 32 Hold same foot position as 31 clap hands in front of body for count 32

******* Begin Again *******

Long Legged Hannah

Line dance for:
“Long legged Hannah (From Butte, Montana)”
BNA Entertainment

4-Wall Dance Counts 1-8	“Hitch-Hiker” (Right 2X)	Right thumb over right shoulder. Fan right toe 3 o’clock, follow pivot with left foot. Pivot back to center.
	“Hitch-Hiker”	Repeat sequence to the left.
Counts 9-12	“Clock Turn”	Right directional turn. Step on 3 o’clock with right foot. Around to 6 o’clock with left foot, ½ turn pivot to complete full turn to 12 o’clock (original direction). CLAP!
Counts 13-16	“Shoulder Rolls” (Hands on buckles)	(Facing original direction, right foot is forward, left foot is back). Left shoulder roll to the back, right shoulder roll to the back.
Counts 17-20	“The Dwight”	Knees bend slightly, feet pivot ½ turn to the left, repeat to the right, left, right. Slowly bend knees down into pivots & return to upright standing position while executing this sequence.
Counts 21-28	“Tush Push”	Right foot leads, traveling forward, (shuffle step) right, left, right. Rock forward on left foot, rock back onto right foot. Continue to shuffle leading back with left foot, right, left, rock back on right foot, rock forward on left foot.
Counts 29-36	“Side-to Side Shuffle”	Traveling to the right, lead on right foot into side shuffles (right, left, right), rock back on left foot, allowing body to turn ¼ turn facing left, turning into original direction, step forward onto right foot (CLAP!), Repeat to left.
Counts 37-44	“Long Legs	Begin traveling forward, (steps should be exag-

Shake”

gerated in size), stepping on ball of right foot,

Long Legged Hannah

Line dance for:

“Long legged Hannah (From Butte, Montana)”

BNA Entertainment

Counts 45-52	(4x) “Cross Slap	shake knee out in out. Repeat with left foot/leg. Weight having ended on left side, cross right foot over left, slap boot to the left side. Cross left foot over right, slap boot to the right side. Simultaneously with right slap, a quick ¼ turn to the left, right foot swings/brushes floor forward, swings/brushes floor back, stomp right foot down, stomp/CLAP! Left foot next to right.
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Repeat.....

Louisiana Hot Sauce

(My Little Jalapeno)

Music: "He's My Little Jalapeno" by Scooter Lee

I. HEEL STRUTS, HEEL DROPS

- 1& L heel fwd (1), drop L toe lifting L heel & bending L knee (&)
- 2& Drop L heel to floor 2 times shifting weight to L foot (2&)
- 3& R heel fwd (3), drop R toe lifting R heel & bending R knee (&)
- 4& Drop R heel to floor 2 times shifting weight to R foot (4&)

II. CROSS, UNWIND ½ TURN RIGHT, 3 HEEL TWISTS, CLAP

- 5 Cross L over R, placing ball of L foot on floor
- 6 Unwind by turning R ½ and shifting weight to L foot with feet apart
- 7&8 With weight on balls of both feet twist heels R,L,R
- & Clap hands

III. CAJUN JOGS FORWARD & CLAP

- 1&2 With weight mainly on balls of feet, step fwd L(1), R(&), L(2)
- & Lift R knee and hop on L foot clapping hands
- 3&4 With weight mainly on balls of feet, step fwd R(3),L(&),R(&)
- & Lift L knee and hop on R foot clapping hands

IV. BACK SKIPS & FORWARD STOMP

- 5& Step back L crossing slightly behind R(5), Hop on L foot lifting R knee(&)
- 6 Step R back crossing slightly behind L
- & Rock back on ball of L foot
- 7 Stomp R to R fwd diagonal bending R knee with weight over R foot(7), Hold(8)
(Optional: arms out to sides, palms down on count 7)

V. CROSS ROCKS & PADDLE TURN - LEFT & RIGHT

- 1 Cross L in front of R rocking onto L bending both knees
- &2 Replace weight back to R straightening both legs(&), Small step L to left side (2)
- 3 Cross R in front of L rocking onto R bending both knees
- &4 Replace weight back to L straightening both legs(&), Small step R to right side(4)
- 5 Cross L in front of R rocking onto L bending both knees
- & Replace weight back to R straightening both legs
- 6 Small step L to L side turning ¼ starting a L paddle turn
- & Continuing L paddle turn with R foot slightly behind L, step on ball of R foot
- 7 Replace weight to L foot continuing L turn
- & L paddle turn with R foot slightly behind L step on ball of R foot
- 8 Replace weight to L foot completing paddle turn
(You are now facing the same wall you were when you did the cross rocks)

1-8 Reverse above 8 counts starting with R foot

******* Start again from beginning of dance *******

Macareana

1. Palms down 1 one then the other
2. Palms up - 1st one then the other
3. Elbow (touch inside of elbow) cross arms
4. Elbow (touch inside of elbow) cross arms
5. Head - one side arms uncrossed
6. Head - other side arms uncrossed
7. Waist - touch right arms crossed
8. Waist - touch left arms crssed
9. Back arms uncrossed
10. Back touch one then the other
11. 4 1/8 chugs to left

Begin again

