

A Quick Little Dance

Choreographed by Jeff & Thelma Mills – 01886 821772

by

Description 48 Count, Partner Dance in Right Open Promenade position, Holding Inside Hands, Mans footwork listed – Lady's opposite throughout, Both start with weight on inside feet

Music Blues About You Baby – Delbert McClinton – CD Room to Breath



Walk x 3, Hitch, Rock Steps x 2

- 1-4 Walk forward Left, Right, Left, Hitch Right
 5-6 Step & Rock forward onto Right, Recover weight on left
 7-8 Step & Rock back on right, Recover onto left

Man

Step Forward, Hold, 1/2 Turn Left, Hold Repeat with 1/4 Turn

- 9-10 Step forward onto right, Hold
 11-12 Turn 1/2 turn left to face RLOD, Hold
 13-14 Step forward onto right, Hold
 15-16 Turn 1/4 turn left to face OLOD, Hold

Note

On Count 9, point inside hands forward
 On count 12 Man t pick up lady's right hand with his left
 On count 13, Release mans right & lady's left hands
 On Count 16, Man to pick up lady's left hand with his right, man & Lady now facing each other

Lady

Step Forward, Hold, 1/2 Turn Right, Hold Repeat with 1/4 Turn

- Step forward onto left, Hold
 Turn 1/2 turn right to face RLOD, Hold
 Step forward onto left, Hold
 Turn 1/4 turn right to face ILOD, Hold

Cross Rock, Together, Hold, Repeat with 1/4 Turn

- 17-18 Cross rock Right over left, recover weighty onto left
 19-20 Step right next to left, Hold
 21-22 Cross rock left over right, Recover weight onto right
 23-24 **Man** – Step left 1/4 turn left into LOD, Hold
Lady – Step right 1/4 turn right into LOD, Hold

Toe, Heel, Cross, Hold x 2

- 25-26 Touch right toe to left instep, Touch right heel to left instep
 27-28 Cross right over left, Hold
 29-30 Touch left toe to right instep, Touch left heel to right instep
 31-32 Cross left over right, Hold

Heel Forward, Hold, Toe Back, Hold, Step Slide, Step Touch

- 33-34 Touch right heel forward, Hold
 35-36 Touch right toe back, Hold
 37-38 Step forward on right, Slide left next to right
 39-40 Step forward on right, Touch left next to right

Note

On Count 33, point inside hands forward
 On Count 35, point inside hands to rear

Left Vine, Touch, Right Vine, Touch

- 41-42 Step left to left side, Step right behind left
 43-44 Step left to left side, Touch right next to left
 45-46 Step right to right side, Step left behind right
 47-48 Step right to right side, Touch left next to right

Note

During counts 41-44 keep hold of inside hands
 On count 45, release inside hands & pick back up on count 48 to return to open promenade position

HAPPY DANCING

Right Vine, Touch, 3 Step Turn Left, Touch

- Step right to right side, Step left behind right
 Step right to right side, Touch left next to
 Step Lt to Lt 1/4 turn Lt, Step fwd right 1/
 Step Lt to Lt 1/2 turn Lt, Touch right next



Every effort has been made to ensure these cue Sheets are accurate, Should you find any errors,
Please let me know via e-mail thank you..... Robert

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