

## CHICKEN DANCE

- Begin in a circle with everybody facing one another.
- When the music starts, shape your hands like the beak of a chicken and open and close them for four counts.
- Make your arms like the wings of a chicken and act like your trying to fly for four counts.
- Place your arms and hands like the tail feathers of a chicken and wiggle down for four counts.
- Clap four times.
- Repeat this process four times.
- After the fourth time you grab your neighbors' hands and move in a circle.
- Switch directions on the band leader's command.

Then the whole process starts all over.

<http://www.realbeer.com/edu/chickendance.php>