

AFTERGLOW

Category: Partner Dance, 40 Count
Position: Side-By-Side (Open Sweetheart), man's and lady's steps are the same
Type: Circle
Choreographer: Lois Lightfoot (October, 2002) www.jointheline.janzl.co.uk
Music: Danced To: "I'm Alive" by Celine Dion (104 bpm)
 Practice Medium: "Didn't We Love" by Tamara Walker (98 bpm)
 Practice Slow: "I Laughed Until I Cried" by Holly Dawn (69 bpm)

WALK FORWARD, SHUFFLE FORWARD, CROSS ROCK, SHUFFLE 1/4

1-2 Step forward onto right, Step forward on left
 3&4 Step right forward, Step left next to right, Step right forward
 5-6 Cross rock left over right, Recover weight onto right
 (Dropping left hands and bringing right hands over ladies heads)
 7&8 Step left back turning 1/4 left, Step right to left, Step left to side

CROSS ROCK, SHUFFLE 1/4, WALK FORWARD, SHUFFLE FORWARD

9-10 Cross rock right over left, Recover weight onto left
 (Bring right hands over ladies head as you turn, then rejoin into side by side)
 11&12 Step right to side turning 1/4 right, Step left next to right, Step right forward
 13-14 Step forward on left, Step forward on right
 15&16 Step left forward, Step right next to left, Step left forward

CROSS ROCK SHUFFLE 1/4, CROSS ROCK, SHUFFLE SIDE

17-18 Cross rock right over left, Recover weight onto left
 19&20 Step right back turning 1/4 right, Step left to right, Step right to side
 21-22 Cross rock left over right, Recover weight back onto right
 23&24 Step left to side, Step right next to left, Step left next to right

WEAVE LEFT, TOUCH & HOLDS

25-26 Cross right over left, Step left to side
 27-28 Cross right behind left, Step left to side
 29-30 Touch right forward, hold
 31-32 Touch right to side, hold

CROSS ROCKS, SHUFFLE 1/4, PIVOT 1/2, SHUFFLE FORWARD

33-34 Cross rock right over left, Recover weight onto left
 35&36 Step right to side turning 1/4 right, step left to right, Step right forward
 (Dropping left hands bring right hands over gents and then ladies heads back onto side by side)
 37-38 Step left forward, Pivot 1/2 turn right
 39&40 Step left forward, step right to left, step left forward

START AGAIN