

## **B.C.**

### **VINE KICK-BALL-CHANGE KICK-BALL-CROSS SIDE TOGETHER**

- |   |   |  |
|---|---|--|
| 1 | 1 | Step to left side on left foot   |
| 2 | 2 | Cross behind left stepping on right foot                                     |
| 3 | 3 | Step to left side on left foot   |
| 4 | 4 | Kick forward with right foot   |
|   | & | step slightly behind and to the right of the left foot on ball of right foot |
| 5 | 5 | Change weight to left foot   |
| 6 | 6 | Kick forward with right foot   |
|   | & | step slightly behind and to the right of the left foot on ball of right foot |
| 7 | 7 | Cross in front of right foot stepping on left foot                           |
| 8 | 8 | Step to right side on right foot   |
|   | & | step next to right foot on left foot   |

### **TOE -SPLIT TOGETHER HEEL-SPLIT TOGETHER**

- |    |   |  |
|----|---|--|
| 9  | 1 | Split toes of both feet to point to both forward diagonals   |
| 10 | 2 | Fan toes of both feet to point straight forward              |
| 11 | 3 | Split heels of both feet to point to both backward diagonals |
| 12 | 4 | Fan heels of both feet to point straight backward            |

### **TOUCH TOGETHER TOUCH TOGETHER/TOUCH TOGETHER TOUCH STEP**

- |    |   |   |
|----|---|---|
| 13 | 1 | Touch to right side with toes of right foot |
| 14 | 2 | Step next to left foot on right foot        |
| 15 | 3 | Touch to left side with toes of left foot   |
| 16 | 4 | Step next to right foot on left foot        |
| 17 | 5 | Touch to right side with toes of right foot |
| 18 | 6 | Step next to left foot on right foot        |
| 19 | 7 | Touch to left side with toes of left foot   |
| 20 | 8 | Step forward on left foot                   |

### **STEP KICK SQUAT (DOWN-UP) HIP-SWIVELS**

- |       |   |  |
|-------|---|--|
| 21    | 1 | Step forward on right foot   |
| 22    | 2 | Kick forward with left foot  |
| 23    | 3 | Bring left foot next to right foot distributing weight evenly and squatting<br>down slightly |
| 24    | 4 | Stand up straight keeping weight evenly distributed  |
| 25-26 | 5 | Swivel hips CW (right to left) for 2 counts  |
| 27-28 | 6 | Swivel hips CCW(left to right ) for 2 counts   |
| 29-30 | 7 | Swivel hips CW (right to left) for 2 counts  |

## B.C.

- 31-32 8 Swivel hips CCW (left to right)for 2 counts  
33 1 Step forward on left foot  
34 2 Kick toward forward right diagonal with right foot  
& step slightly behind and to the right of the left foot on ball of right foot  
35 3 Cross in front of right foot stepping on left foot  
36 4 Snap fingers of both hands  
37 5 Step forward on right foot  
38 6 Hitch with left leg into ¼ CCW turn  
39 7 Step to left side on left foot pointing toes to left side  
40 8 Step on right foot into ½ CCW turn  
41 9 Step on left foot into ½ CCW turn  
42 10 Hold

### JUMP HOLD JUMP HOLD JUMP JUMP

- 43 1 Jump forward landing on right foot quickly followed by left foot  
44 2 Hold  
45 3 Jump backward landing on right foot quickly followed by left foot  
46 4 Hold  
47 5 Jump forward landing on right foot quickly followed by left foot  
48 6 Jump backward landing on right foot quickly followed by left foot

### TOE-SPLIT TOGETHER HEEL-SPLIT TOGETHER/SCOOT SCOOT STEP TOUCH

- 49 1 Fan toes of both feet to point to both forward diagonals  
50 2 Fan toes of both feet to point straight forward  
51 3 Split heels of both feet to point toward both backward diagonals  
52 4 Fan heels of both feet to point directly backward  
53 5 Lifting right foot slightly scoot forward on left foot  
54 6 Keeping right foot slightly off floor scoot forward on left foot  
55 7 Step forward on right foot  
56 8 Touch next to right foot with left foot.